

# MONAVIE PULSE™ AND MONAVIE PULSE GEL

## PRODUCT INFORMATION PAGE

MonaVie Pulse was created with your heart in mind. Formulated with 19 fruits, including the superfruit açai, this delicious, heart healthy blend delivers powerful antioxidants to nutritionally support your cardiovascular system. With added heart benefits derived from plant sterols\* (which studies suggest play a key factor in lowering cholesterol) and resveratrol, maintaining healthy cholesterol levels has never been easier. So show your heart some love and drink MonaVie Pulse today.

### THE PREMIER AÇAÍ BLEND™

MonaVie Pulse features the following heart healthy blend of fruits specifically chosen for their ability to nutritionally support cardiovascular health:

*Açai, concord grape, pineapple, apple, prickly pear, pomegranate, elderberry, yumberry, bilberry, blackberry, blueberry, cherry, cranberry, raspberry, aronia, acerola, strawberry, cupuaçu, and camu camu.*

### KEY BENEFITS

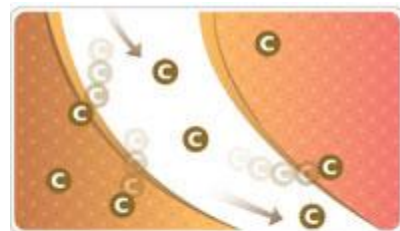
- Boasts heart healthy levels of plant sterols to help maintain healthy cholesterol levels.
- Features resveratrol, which supports your cardiovascular system by helping protect healthy blood vessels.
- Delivers powerful antioxidant polyphenols to promote a healthy cardiovascular system.
- Features a wide array of essential nutrients for optimal health.
- Offers potent antioxidant protection against free radicals.
- Delivers the antioxidant capacity of approximately 13 servings of fruits and vegetables in just four ounces.

### ESSENTIAL FACTS

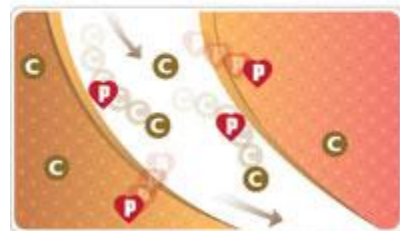
- Cardiovascular disease is the leading cause of death in the United States.
- Maintaining healthy cholesterol levels is a primary line of defense against heart disease.+
- MonaVie Pulse provides a healthy, targeted approach to maintaining your cardiovascular health.

\* Foods containing at least 0.4 grams per serving of plant sterols, eaten twice a day with meals for a daily total intake of at least 0.8 grams and as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Two servings (4 ounces of juice or 2 packets of gel) of MonaVie Pulse contain 0.8 grams of plant sterols.

+ [www.nlm.nih.gov/medlineplus/heartdiseases.html](http://www.nlm.nih.gov/medlineplus/heartdiseases.html)



The body absorbs cholesterol from food.



Studies suggest that when plant sterols are present, the body absorbs less cholesterol.

## WHO SHOULD USE MONAVIE PULSE AND MONAVIE PULSE GEL?

**MonaVie Pulse:** Health conscious men and women who are concerned with cholesterol levels, heart health, and overall nutrition and well being.

**MonaVie Pulse Gel:** Men and women on the go, who want all the benefits of MonaVie Pulse juice in a convenient gel pack.

## NUTRITION INFORMATION

### MONAVIE PULSE

<u>Nutrition Facts</u>	<u>Amount, %DV*</u>
Serving Size	2 fl. oz. (60 ml)
Calories	45
Calories from Fat	10
Total Fat	1 g, 2%
Sodium	30 mg, 1%
Potassium	80 mg, 2%
Total Carbohydrate	8 g, 3%
Dietary Fiber	<1 g, 1%
Sugars	7 g
Protein	<1 g, 0%
Vitamin A	200 IU, 4%
Vitamin C	12 mg, 20%
Iron	<1 mg, 2%
Vitamin K	15 mcg, 20%

\* Percent Daily Value based on a 2,000 calorie diet.  
Not a significant source of saturated fat, trans fat, cholesterol, or calcium.

### MONAVIE PULSE GEL

<u>Nutrition Facts</u>	<u>Amount, %DV*</u>
Serving Size	1 fl. oz. (30 ml)
Calories	35
Calories from Fat	5
Total Fat	0.5 g, 1%
Sodium	20 mg, 0%
Potassium	40 mg, 1%
Total Carbohydrate	7 g, 2%
Dietary Fiber	<1 g, 2%
Sugars	4 g
Protein	0 g, 0%
Vitamin A	100 IU, 2%
Vitamin C	18 mg, 30%
Iron	<1 mg, 1%
Vitamin K	7.5 mcg, 10%

\* Percent Daily Value based on a 2,000 calorie diet.  
Not a significant source of saturated fat, trans fat, cholesterol, or calcium.

**MonaVie Pulse Ingredients:** Proprietary blend of açai (freeze-dried powder, puree), reconstituted fruit juice blend (concord grape blend, pineapple, apple, prickly pear, pomegranate, elderberry, yumberry, bilberry, blackberry, blueberry, cherry, cranberry, raspberry, aronia), puree fruit blend (acerola, strawberry, cupuaçu, camu camu), plant sterols (emulsified with corn syrup solids, polyglycerol esters of fatty acids, gum acacia), Apple Phyto-Phenolics® (polyphenol blend), omega-3 (cranberry seed oil), resveratrol, natural flavors, potassium sorbate (preservative), sodium benzoate (preservative), citric acid, malic acid.

**MonaVie Pulse Gel Ingredients:** Proprietary blend of açai (freeze-dried powder, puree), reconstituted fruit juice blend (concord grape blend, pineapple, apple, prickly pear, pomegranate, elderberry, yumberry, bilberry, blackberry, blueberry, cherry, cranberry, raspberry, aronia), fruit blend puree (acerola, strawberry, cupuaçu, camu camu), maltodextrin, plant sterols (emulsified with corn syrup solids, polyglycerol esters of fatty acids, gum acacia), xanthan gum, Apple Phyto-Phenolics® (polyphenol blend), omega-3 (cranberry seed oil), resveratrol, natural flavors, malic acid, potassium sorbate (preservative), sodium benzoate (preservative), citric acid.

## RECOMMENDED USE

**MonaVie Pulse:** Drink 2 ounces twice daily. Shake well before using. Refrigerate after opening.

**MonaVie Pulse Gel:** Take 2 packets daily.